One-page Food Resource List

see rrfb.org (click on "Find Help" tab)—search online or call M-F 8-5 to find a nearby pantry

<u>Salvation Army</u> 4301 Bryn Mawr Dr NE (so. of Montgomery, w. of Carlisle) **505-872-1171** --walk in for food boxes **Mon/Wed/Fri 9 am-12 pm; 1-4 pm**

St. Felix Pantry, 4020 Barbara Loop SE, Rio Rancho 505-891-8075

-Thurs/Friday/Sat, 9 am - 12 pm (for any New Mexican residents)

St. Vincent de Paul -- call **505-346-1500** to request a food box; they will want to do a home visit

Storehouse, 106 Broadway SE (Wed/Fri/Sat 9-12) 505-842-6491

--also diapers. Dog food is given out 3rd Friday of the month (also Animal Humane gives free pet food Sundays & Thursdays, 10 am-12 pm (615 Virginia SE)

-- Note: both Storehouse and RGFP can assist with water bills

Rio Grande Food Project, 600 Coors NW (in Rio Grande Presbyterian Church) **505-831-3778** Food boxes for low-income **Wed/Fri/Sat 9-11 am**; administers PNM Good Neighbor Fund; note: both Storehouse and RGFP can assist with water bills

Veterans (Also: see Silver Horizons below)

Veterans Integration Center (VIC) 505-296-0800 - moved to 2701 Mulberry SE (turn south off Gibson, west of University Blvd, just east of I-25)

--food pantry Friday 10 am-1 pm only for veterans, spouses and widows/widowers, National Guard and Reserves.

Seniors

ECHO Food Bank (age 60+) 300 Menaul NW #226 (east side-- located in the **back** of the shopping center with H&R block and Self Storage) **505-242-6777** (don't need to call first) --drive-through **Mon-Thurs**, 7:30 am – 4 pm (closed for lunch 12-12:30 pm)

<u>Silver Horizons</u> for low-income seniors age 50+ and low-income veterans of any age (and household members): food; household bills; minor home repairs 505-884-3881

<u>City of ABQ Dept. of Senior Affairs</u> -- Home-delivered meals for homebound Albuquerque seniors age 60+ (call **505-764-6400**)

<u>City of ABQ</u> senior centers, multigenerational centers and some community centers offer free or donation-based lunches for seniors 60+ (\$2 suggested but not required) and low-cost lunches (\$3.25) for ages 50-59. Also, only at the at the CABQ multi-generational centers: adults under age 50 for \$7.67. All ABQ senior and multigenerational centers also offer a low-cost breakfast program Mon-Fri, 8-9 am. Reserve your meals in advance (before noon). **Bernalillo County** senior centers offer free meals for age 60+. Call to reserve a meal. Info: bernco.gov/community-services/community-health-outreach/senior-meals